

16

THURSDAY

DAY

THEME: TRANSITION TO HE

Our acts consider decision making and practical tips to have a smooth transition to higher education. Check your day pass with details of each session.

[If you have any queries then please email info@futureme.ac.uk]



Main Stage



10:00 – 10:50

Making decisions in challenging circumstances podcast

Hosted by Outreach North East

Rachel and Sasha from Outreach North East talk to Chris Cook about his experiences though education and as a sportsman and businessman. Chris explains how he has approached decision making in the past and how that has led him to where he is today. The panel also reflect on the skills they developed through their higher education study and how they use them every day. Following the discussion Chris, Rachel and Sasha will be available to answer your questions.

10:00 – 11:00

Graduate Labour Market Potential

Hosted by the Institute of Student Employers

In this session, Stephen will discuss which sectors might be strengthened and continue to recruit following the effects of Covid-19. He will also share insights from student employers and how careers services can use information to support the graduates of the future.

11:00 – 12:00

Mixing your life cocktail: building wellbeing and employability through Covid-19

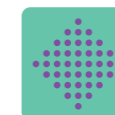
Hosted by PUSH Talks

Moj and Aron's online session will focus on how students can make the most of lockdown to prepare themselves for transition to the new academic year, by exploring and mixing ingredients of Push's 'life cocktail' of employability, as well as how to stay calm and support their

wider wellbeing and learning environment over summer.

The session will be interactive, featuring presentation, discussion, games, quizzes (with presenter forfeits) and a Q&A, with a follow up summary of the session sent to students and parents.¹²

Student Tent



11:00 – 12:00

Transitioning to higher education in 2020

Hosted by FutureMe

Delivered by FutureMe Higher Education Ambassadors, Clara, Hannah and Sarah will talk you through information about your next steps for your higher education journey. They will discuss how to make the most out of being at home and how to use virtual platforms that are available to support your research, as well as provide you with some key dates and tips for confirmation and clearing.

Partner Stage



14:00 – 15:00

Student Support in a College Setting

Hosted by New College Durham

Support available to students at New College Durham is extensive and designed to assist students who may have extra needs to successfully complete their course. The session will outline all of the help available and how to access it. The presentation will allow students to see that any support needs they may have will not be a barrier to studying at the college as the institution is inclusive, caring and committed to providing a holistic approach to education.

14:00 – 15:00

Study Skills – Transitioning to HE

Hosted by Newcastle University

Our Study Skills session aims to prepare you for the transition from school or college to university. Covering topics such as revision tips, independent learning, referencing, critical analysis and mental health and wellbeing

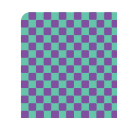
14:00 – 14:30

Resilience

Hosted by Northumbria University

In today's fast-paced world, students need to be equipped with all the necessary skills in which to thrive. This session aims to teach students to organise their thoughts and introduce the circle of influence. Raise awareness of students' own strengths and weaknesses and promote continuous improvement through staying positive, and moving out of their comfort zone.

Social Zone



10:00 – 16:00

Live Q&A in the Social Zone

Hosted by the North East Raising Aspiration Partnership